

ORIGINAL CEREMONY
FOR
TRANSMISSION FLAME CLASS

7.15 - Keynote of Retreat should be played for 15 minutes - either by personal musician or recording.

7.30 - Given Invocation, Regular Outline, or use your own.

7.35 - Give at least 20 minutes to "snappy" Violet Flame decrees - which clear the atmosphere of the room and purify and harmonize the individuals present, making it easier for the Great Ones to render Their Service.

7.55 - (a) Protective visualization and calls for Sanctuary by Director

(b) Candle lighting ceremony

8.05 - Read description of Retreat active, so the mind and consciousness of the students have time to "tune in" to the current activity, prior to the "breathing" ceremony.

8.15 - Director should explain the course of the current Flame - starting with the Retreat of Its Source.

8.20 - Group singing (or recordings may be used here for the next 15 minutes.) determined by the time you have available.

8.35 - Current decrees for 15 minutes.

8.50 - Read letter to group on Transmission Flame.

9.00 - PROMPTLY start rhythmic breathing - Director and alternate aloud for first 12 times - then group silently for 20 minutes more.

9.30 - Group rises and sings "Michael! Michael! Michael!" to the hymn tune of "Holy! Holy! Holy!"